MSP SOCCER

MSP SOCCER WINTER TRAINING GUIDE

2026-2027







NOVEMBER 30, 2026 – JANUARY 31, 2027

LED BY COACH DIEGO.

LAWRENCEVILLE, GA

TECHNICAL QUALITY. SPEED OF PLAY. CONFIDENCE.

mspsoccer.com

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WELCOME TO WINTER TRAINING

LED BY COACH DIEGO.

Keep improving this winter with purposeful training built around your player.

PERSONALIZED GROUPS

Players are grouped by age and skill level. Every session is planned ahead to provide focused coaching and individual attention.

TRAIN WITH PURPOSE

Develop technical skills, fitness, speed of play, and confidence through consistent training.

A SCHEDULE THAT FITS

After-school sessions, winter-break mornings, and Saturday mornings. Share your availability so Coach Diego can arrange the right group and training time.



EVERY PLAYER RECEIVES A PERSONAL PROFILE TO GUIDE THEIR DEVELOPMENT.

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WINTER TRAINING SCHEDULE

NOVEMBER 30, 2026 – JANUARY 31, 2027

SCHOOL WEEKDAYS

NOV. 30–DEC. 18 • JAN. 5–29

MON–FRI | 4:00–8:30 PM

RABBIT HILL PARK

EXCEPT JAN. 18: MORNING TRAINING.

WINTER BREAK

DEC. 19–JAN. 4

WEEKDAYS | 9:00 AM–12:00 PM

RABBIT HILL PARK

HOLIDAY CLOSURES LISTED BELOW.

SATURDAY MORNINGS

EVERY SATURDAY, DEC. 5–JAN. 30

9:00 AM–12:00 PM

GGC GRASS FIELDS • LAWRENCEVILLE

NO TRAINING

EVERY SUNDAY • DEC. 24–25 • JAN. 1

SPECIAL DATES

DEC. 31: MORNING TRAINING

JAN. 18 (MLK DAY): 9 AM–12 PM

JAN. 30: FINAL TRAINING DAY

ALL SESSIONS ARE 60 MINUTES.

START TIMES ARE ASSIGNED BY COACH DIEGO BASED ON AGE, SKILL LEVEL, AND FAMILY AVAILABILITY.
LISTED HOURS ARE AVAILABILITY WINDOWS.

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TRAINING WITH PURPOSE

60-MINUTE SESSIONS • GROUPED BY AGE & LEVEL

Every session begins with a structured warm-up to prepare players for training, especially in colder weather.

U7–U10
BUILD THE FOUNDATION

BALL MASTERY & COORDINATION

Lots of touches to build control and confidence. Dribbling, inside-foot passing, shooting, and coordination, with age-appropriate speed and agility.

U11–U14
DEVELOP SPEED OF PLAY

PLAY QUICKER, WITH QUALITY

Higher-tempo first touch, passing, receiving, and decision-making. Move the ball faster while maintaining technical quality, with fitness, speed, and agility built in.

HIGH SCHOOL
PREPARE TO COMPETE

FITNESS • SPEED OF PLAY • CONFIDENCE

Technical training and conditioning to prepare for high school tryouts, then support the start of the season. Quick decisions, sharp execution, and confidence under pressure.

THE MSP APPROACH

TECHNICAL QUALITY. FASTER DECISIONS. GREATER CONFIDENCE.

Group placement considers age and skill level. U10 players may join either younger group based on development needs.

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WINTER PRICING & PLANS

WINTER UNLIMITED

BEST VALUE

NOV. 30, 2026 – JAN. 31, 2027

$400

OR 2 PAYMENTS OF $200

- Unlimited scheduled group training.
- Winter-break mornings included.
- All siblings included.

$200 at registration + $200 December 30.
Same total. No extra fee.

WINTER BREAK UNLIMITED

DEC. 19, 2026 – JAN. 4, 2027

$225

- Unlimited scheduled winter-break training.
- All siblings included.
- Great for high school preseason & tryout preparation.
- Included with the full winter pass.

REGULAR MEMBERSHIPS

MSP STARTER

$175

4 SESSION CREDITS

MSP PRO

$250

8 SESSION CREDITS

MSP ELITE

$375

UNLIMITED FOR ONE MONTH

SINGLE SESSION $50 | WITH A SIBLING $65

Siblings included in all memberships and winter passes.
Starter & Pro: one credit per player attending.
Unused session credits carry into spring.

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HOW TO GET STARTED

LED BY COACH DIEGO.

Complete the winter sign-up so Coach Diego can organize groups and training times around your player's age, level, and availability.

1. COMPLETE THE SIGN-UP

Visit mspsoccer.com or use the sign-up form sent by Coach Diego. Share your player's details, availability, and team schedule.

2. CHOOSE YOUR PLAN

Select Winter Unlimited, Winter Break Unlimited, or a regular membership. Need help choosing? Ask Coach Diego.

3. RECEIVE YOUR SCHEDULE

Coach Diego reviews your form, places your player in the appropriate group, and confirms training days and start times.

4. COMPLETE PAYMENT

Use a payment option below and include your player's name with payment.

PAYMENT OPTIONS

ZELLE
MSP Soccer
678-927-0999

CASH APP
$DiegoMSP

Cash and checks also accepted.

Winter Unlimited split plan: $200 at registration + $200 December 30.
Other plans: payment due by Saturday of your first training week.

QUESTIONS? CONTACT COACH DIEGO

678-927-0999 | coach.diego@mspsoccer.com | mspsoccer.com